

Your Daring Life



What would a daring life look like to you? What are the possibilities? What could you do if there was nothing holding you back?

During most of my young life, I dreamed of becoming a teacher and having my own classroom full of young eager students. Because no one in my immediate family had ever gone to college, I was on my own to figure it out. For me, tackling college with little money and many obstacles, was the beginning of my own daring life.

In this section, you'll have a chance to imagine and explore what a daring life means for you. The word daring is meant to be subjective and based on your own unique wants and desires. It could mean traveling to exotic places, writing a series of books, starting your own business, being a leader in your community, or something else entirely.

Throughout this chapter you'll have the opportunity to expand your view of what life can offer. The exercises on the following pages are designed to help you explore those possibilities. When you discover what you want to pursue, your path will become clear. As Walt Disney famously said, "*If you can dream it, you can do it.*" And, he certainly did just that! Here, on these pages, is a chance for you to dream big, too!

Take the quiz on the next page, to assess where you stand now in preparing for your future. Then retake the quiz at the end of the chapter to check your progress. Of course, this quiz can be retaken as many times as you wish.



Dare to Dream BIG

Pre-Quiz

What grandest vision do you have for your life? Take this quiz to see where you stand.

Directions: Read each statement below and put a \checkmark in the column that best reflects how well that fits for you at this point in your life.

Dreaming BIG Strategies	Not Yet	Rarely	Often	I Got This!
I imagine a great future for myself.				
I know what I want for my life.				
I am open to new ideas and experiences.				
I know what I want for my work/career.				
I am aware of my passion(s).				
I envision grand possibilities for my future.				
I know what I want to achieve.				
I am aware of a variety of options available to me.				
I know where and how I want to live.				
I live a happy and enjoyable life.				
I believe I can create the life I want.				
I am creative and resourceful.				

The statements in the *Often* or *I Got This!* column are qualities you already possess. The statements marked in the *Not Yet* or *Rarely* columns are behaviors that you can develop and strengthen as you work through the activities. Retake the quiz at the end of the chapter to check your progress.



EXERCISE 1.1: *What Does Daring Mean to You?*



What does the word “daring” mean for your life? Don’t over think this, just let your imagination flow and write down whatever comes to mind, without judgement.

Daring to me means...

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

“Sometimes I’ve believed as many as six impossible things before breakfast.”
-Lewis Carroll, British Writer